



Preregistration Required:
[Download Registration form Here](#)

Prerequisite Verification form must accompany the registration for Trainer Courses (500, 501, 5400)
[Download Prereq. Form Here](#)

For course descriptions, click for a pdf of [Course Catalog](#)

Color blocks represent consecutive courses at the same location for your convenience

| Course # | Course Title | | Start Date | End Date | Time | Location | Tuition |
|----------------|---|-----|------------|----------|--|------------|----------|
| NCOS 3015 N9C | Excavation, Trenching, & Soil Mechanics | 2.6 | 9/21/15 | 9/24/15 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCOS 7300 N9C | OSHA's Permit Required Confined Space Stndrd | 0.7 | 9/25/15 | 9/25/15 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 7115 N9C | Lock Out Tag Out | 0.7 | 9/28/15 | 9/28/15 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCSH 470 N9C | Electrical Safe Work Practices/NFPA 70E® | 0.7 | 9/29/15 | 9/29/15 | 8:30AM-4:30PM | Manchester | \$285.00 |
| NCSH 474 N9C | Medium Voltage Electrical Safety | 0.7 | 9/30/15 | 9/30/15 | 8:30AM-4:30PM | Manchester | \$285.00 |
| NCOS 7100 N10C | Seminar: Machinery & Machine Safeguarding | 0.7 | 10/26/15 | 10/26/15 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 503 N10C | Trainer Update for General Industry <i>(must include front/back copy of current card w/registration)</i> | 1.8 | 10/26/15 | 10/28/15 | Days 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Manchester | \$795.00 |
| NCOS 502 N10C | Trainer Update for General Industry <i>(must include front/back copy of current card w/registration)</i> | 1.8 | 10/28/15 | 10/30/15 | Day 1: 1:00PM-5:00PM Days 2-3: 8:30AM-4:30PM | Manchester | \$795.00 |
| NCOS 511 N10C | OSHA Standards for General Industry | 2.6 | 10/27/15 | 10/30/15 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCSH 443 N11C | Radiation Protection | 1.8 | 11/9/15 | 11/11/15 | Days 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Manchester | \$595.00 |
| NCOS 7410 N11C | Managing Excavation Hazards | 0.7 | 11/16/15 | 11/16/15 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 7500 N11C | Safety & Health Management Systems | 0.7 | 11/17/15 | 11/17/15 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 7505 N11C | Introduction to Accident (Incident) Investigation | 1.2 | 11/18/15 | 11/19/15 | Day 1: 8:30AM-4:30PM Day 2: 8:30PM-12:30PM | Manchester | \$355.00 |
| NCOS 7845 N11C | Recordkeeping Rule | 0.4 | 11/19/15 | 11/19/15 | 1:00PM-5:00PM | Manchester | \$225.00 |
| NCSH 444 N11C | Biohazards in the Workplace | 0.7 | 11/30/15 | 11/30/15 | 8:30AM-4:30PM | Manchester | \$295.00 |
| NCOS 521 N12C | Industrial Hygiene | 2.6 | 12/1/15 | 12/4/15 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCOS 2045 N1C | Machinery & Machine Safeguarding | 2.6 | 1/11/16 | 1/14/16 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCSH 447 N1C | Conducting EH&S Audits | 2.1 | 1/11/16 | 1/13/16 | 8:30AM-4:30PM | Keene | \$655.00 |
| NCSH 445 N1C | Laboratory Safety | 1.4 | 1/14/16 | 1/15/16 | 8:30AM-4:30PM | Keene | \$585.00 |
| NCOS 2264 N1C | Permit Required Confined Space Entry | 2.6 | 1/25/16 | 1/28/16 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCOS 502 N2C | Update for Construction Outreach Trainers <i>(must include front/back copy of current card w/registration)</i> | 1.8 | 2/9/16 | 2/11/16 | Day 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Manchester | \$795.00 |
| NCOS 7405 N2C | Fall Hazard Awareness | 0.7 | 2/15/16 | 2/15/16 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCSH 406 N2C | Scaffold Hazard Awareness | 0.7 | 2/16/16 | 2/16/16 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 503 N2C | Update for General Industry Outreach Trainers <i>(must include front/back copy of current card w/registration)</i> | 1.8 | 2/22/16 | 2/24/16 | Day 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Manchester | \$795.00 |
| NCOS 511 N2C | OSHA Standards for General Industry | 2.6 | 2/22/16 | 2/25/16 | 8:30AM-4:30PM | Concord | \$855.00 |
| NCOS 5410 N2C | OSHA Standards for Maritime Industry | 3.5 | 2/22/16 | 2/26/16 | 8:30AM-4:30PM | Manchester | \$885.00 |
| NCOS 501 N3C | Trainer Course in OSHA Standards for Gen. Ind. <i>Prerequisites required: Download "How To Become an Outreach Trainer"</i> | 2.6 | 3/7/16 | 3/10/16 | 8:30AM-4:30PM | Manchester | \$885.00 |

OSHA OUTREACH Training – New Hampshire

Preregistration is required: [Click here for a registration form](#)

| Course # | Course Title | | Start Date | End Date | Time | Location | Tuition |
|---------------|---|-----|------------|----------|---|------------|----------|
| NCSH 470 N3C | Electrical Safe Work Practices and Update to NFPA 70E® | 0.7 | 3/11/16 | 3/11/16 | 8:30AM-4:30PM | Manchester | \$285.00 |
| NCOS 3095 N3C | Electrical Standards | 2.6 | 3/14/16 | 3/17/16 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCSH 474 N3C | Medium Voltage Electrical Safety | 0.7 | 3/18/16 | 3/18/16 | 8:30AM-4:30PM | Manchester | \$285.00 |
| NCOS 510 N4C | OSHA Standards for Construction | 2.6 | 4/4/16 | 4/7/16 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCOS 5400 N4C | Trainer Course in OSHA Standards for Maritime <i>Prerequisites required: Download "How To Become an Outreach Trainer"</i> | 2.6 | 4/11/16 | 4/14/16 | 8:30AM-4:30PM | Manchester | \$885.00 |
| NCOS 5402 N4C | Update for Maritime Outreach Trainers <i>(must include front/back copy of current card w/registration)</i> | 1.8 | 4/12/16 | 4/14/16 | Day 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Manchester | \$795.00 |
| NCOS 500 N4C | Trainer Course in OSHA Standards for Construc. <i>Prerequisites required: Download "How To Become an Outreach Trainer"</i> | 2.6 | 4/18/16 | 4/21/16 | 8:30AM-4:30PM | Manchester | \$885.00 |
| NCOS 7205 N5C | Health Hazard Awareness | 0.7 | 5/16/16 | 5/16/16 | 8:30AM-4:30PM | Manchester | \$255.00 |
| NCOS 2015 N5C | Hazardous Materials | 2.6 | 5/17/16 | 5/20/16 | 8:30AM-4:30PM | Manchester | \$855.00 |
| NCOS 7400 N6C | Noise in the Construction Industry | 0.7 | 6/14/16 | 6/14/16 | 8:30AM-4:30PM | Keene | \$255.00 |
| NCSH 442 N6C | Industrial Ventilation | 2.5 | 6/15/16 | 6/17/16 | Day 1-2: 8:30AM-4:30PM Day 3: 8:30PM-12:30PM | Keene | \$595.00 |